

Notre Dame-Sacred Heart Academy Duals

October 11th, 2022

EZ Meet Services & Paynes Corner Timing

Carrigan Intermediate School, West Haven, CT

Weather: Abundant Sunshine, 68°F

Girls 5k Run CC Varsity

Name	Year	School	Avg Mile	Finals	Points
1 Ponzio, Kristina	12	Sacred Heart	6:26.2	19:59.6	1
2 Stewart, Avery	10	Sacred Heart	6:58.5	21:40.2	2
3 Forstrom, Juliette	11	Sacred Heart	7:03.7	21:56.4	3
4 Colantonio, Cassidy	10	Sacred Heart	7:04.4	21:58.4	4
5 Spooner, Hailey	11	Sacred Heart	7:04.4	21:58.5	5
6 Cannon, Julia	12	North Haven	7:06.1	22:03.7	6
7 Kotula, Angelika	11	Sheehan	7:08.0	22:09.5	
8 Chamberlain, Eleanor	9	Sheehan	7:15.4	22:32.6	
9 Blackwell, Kayla	12	Hillhouse	7:45.2	24:05.3	7
10 Orosco, Payton	12	North Haven	7:48.6	24:15.7	8
11 Ireland, Chase	11	Sacred Heart	7:50.0	24:20.0	9
12 Lattanzi, Ava	10	Sacred Heart	8:03.5	25:02.1	10
13 Karpel, Bernadette	12	Hillhouse	8:12.0	25:28.5	11
14 Averaimo, Shaelyn	10	Sacred Heart	8:17.4	25:45.3	
15 Rossetti, Madison	11	Sacred Heart	8:35.8	26:42.5	
16 Clermont, Cassandra	10	Hillhouse	8:35.9	26:42.6	12
17 Parker, Kyla	12	Hillhouse	8:38.4	26:50.5	13
18 Chow-Yen, Hsiu-Mei	10	Hillhouse	8:38.8	26:51.7	14
19 Reynolds, Emma	10	Sacred Heart	8:44.7	27:10.0	
20 Chester, Talia	12	Sacred Heart	8:47.2	27:17.7	
21 Esposito, Carina	12	North Haven	8:48.6	27:22.1	15
22 Mineur, Lily	9	North Haven	8:49.1	27:23.6	16
23 Osadebe, Charday	10	Hillhouse	8:55.2	27:42.8	17
24 Solecki, Hayden	11	Sacred Heart	8:56.3	27:46.1	
25 DeNardis, Grace	10	North Haven	9:10.8	28:31.2	18
26 Borowski, Tess	10	Sacred Heart	9:16.0	28:47.2	
27 Upchurch, Jase	12	Sacred Heart	9:19.7	28:58.9	
28 Lanche-Flores, Danyella	11	Sacred Heart	9:22.2	29:06.5	
29 Mooring, Trinity	10	Hillhouse	9:27.2	29:22.0	19
30 Kalira, Orosz	9	Sheehan	9:27.8	29:23.8	
31 Lewis, Jade	11	North Haven	10:07.7	31:27.8	20
32 Yeboah, Efu	9	Sacred Heart	10:30.7	32:39.4	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
1	Sacred Heart Academy (Gir	15	1	2	3	4	5	9	10		
	Total Time:	1:47:33.10									
	Average:	21:30.62									
2	Hillhouse	57	7	11	12	13	14	17	19		
	Total Time:	2:09:58.60									
	Average:	25:59.72									
3	North Haven	63	6	8	15	16	18	20			
	Total Time:	2:09:36.30									
	Average:	25:55.26									

Boys 5k Run CC Varsity

Name	Year	School	Avg Mile	Finals	Points
1 Boyle, Nico	11	North Haven	5:34.1	17:18.0	1
2 Farmer, Ben	10	Notre Dame-W	5:36.3	17:24.6	2

